

Hospitals & Institutions Meetings
Clearance Required - See H&I Committee

Sunday

- 10:00 am **Compass Healthcare** (Detox)
Desert Hope Facility
7:00 pm **The Haven** (Women)
8:00 pm **Salvation Army ARC**
Big Book Study

Monday

- 6:00 pm **Pima County Jail MSF** (Men)
6:00 pm **New Directions** (Closed)

Tuesday

- 7:00 pm **Casa De Vida**
7:30 pm **Cottonwood**

Wednesday

- 6:30 pm **Las Amigas** (Women)
7:00 pm **Pima County Jail MSF** (Women)
8:00 pm **The Ranch**
CNS
1230 East Alvaro

Thursday

- 6:30 pm **No Caine, No Pain**
New Directions
Big Book Study

Friday

- 6:00 pm **Pima County Jail** (Men)

Saturday

- 3:00 pm **Compass Healthcare** (Detox)
Desert Hope Facility
8:00 pm **It's Cheaper Than Crack**
Salvation Army ARC

***Open Meeting**

Monthly Committee Meetings
Committee meetings are open to all!

CA of AZ District (aka Intergroup):
3rd Wednesday of the month @ 6:30p
Pima Alano Club (Annex)
4415 East Pima Street

H&I Committee:
Last Monday of each month @ 6:30pm
Pima Alano Club (Annex)
4415 East Pima Street

Co-Anon Information & Meetings

Co-Anon Family Groups are a fellowship of men and women who are husbands, wives, parents, relatives or close friends of someone who is addicted to cocaine.

Co-Anon is not allied with any organization. In Tradition Six, we in Co-Anon are guided to willingly cooperate with CA in thought, action and spirit without outright affiliation.

Info-line: 513-5028

3rd Monday of the Month

6:30 pm St. Mark's Church Library
3809 E. 3rd St.
(Co-Anon meeting date will occasionally vary, so please call the Info-line number to verify).

Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind altering substances — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Reprinted and Adapted with permission of AA World Services, Inc.

Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Reprinted and adapted from the Big Book of Alcoholics Anonymous, page 554 with the permission of AA World Services, Inc.

Cocaine Anonymous Meeting List

Summer 2010
Tucson, Arizona



24 Hour Info-line
(520) 326-2211

- National Meeting Hotline
(800) 347-8998
- Phoenix Hotline
(602) 279-3838
- CAWS Website
www.ca.org
- CA of Arizona Website
www.caarizona.com

Cocaine Anonymous of AZ Inc.
P.O. Box 57298
Tucson, Arizona 85732-7298